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## DIOCESE OF BOISE

October, 2021

Dear Friends—Enclosed please find material to assist you as the diocese begins the first year of Eucharistic renewal, as called for by the United States Conference of Catholic Bishops. As you recall, Bishop Christensen has asked each parish to begin Sunday, November 28<sup>th</sup> (the First Sunday of Advent) 2021 with Eucharistic Exposition and Adoration for the faithful.

In this packet, there is an order of worship for what that hour may look like, as well as a worship aid you may wish to replicate for your community's use. Know that both of these are *only* suggestions, to help you as you get started on an Advent practice that you can then continue throughout the year. I have sent both of these electronically, as well, via FlockNote, so that you may have them to work with and reproduce as you prefer. They are meant to be manipulated by you for use in your own parish. ***(For example, the reading may be different; the person leading the reflection certainly will be. Replace this text with your own.)*** You may choose to add different elements to your holy hour:

- Testimonials
- Opportunities for confession
- Eucharistic-themed hymns sung at intervals
- Prayers of reparation
- Seasonal litanies:
  - St. Joseph
  - Humility
  - Holy Spirit
  - Holy Name of Jesus
  - Litanies of the Saints
- Meditation aids for silent, individual meditation
  - Scripture
  - Saints
  - Intercessory Prayers
- Seasonal environment (Advent wreath, candles)

Any of these may be added to your community's Holy Hour—or none of them. There may be times when you simply want to offer Exposition with silent Adoration as a place of respite. I suggest that at this time, more than anything the faithful may need a quiet, peaceful time suspended in prayer, with open hearts and quiet minds. You may decide that the bulk of your holy hour will allow them this opportunity. The point is to pray together, as a community and a Church.

More assistance and resources will be offered from the chancery as we progress along this renewal. Please contact me if you have questions.

Respectfully—

A handwritten signature in black ink that reads "Tish". The signature is written in a cursive, flowing style.

Tish Thornton, Director  
Office of Worship  
Roman Catholic Diocese of Boise